

THE ARC MID-HUDSON LAUNCHES ABILITIES CAMPAIGN

As part of CQL (The Council on Quality and Leadership), The Arc Mid-Hudson is running an Abilities Campaign that features people we support and shows off their ability. Many people we support have expressed that they do not like to be labeled as someone with a disability, but would like to be known for their ability and what they enjoy doing. The campaign began in July and will run through

December. Marketing efforts will include the distribution of "What's Your Ability?" shirts. Each person will write their skill on their shirt, along with a short story describing their ability and who they are. In addition to posting on our website, we will also be posting on social media and YouTube.



Samantha Michaels
Ability: Clerical Work



Jerell Washington
Ability: Retaining Job



Brian Liston
Ability: Published Author

THE ARC AWARDED \$91,000 IN GRANTS FROM NYSARC TRUST SERVICES

The Arc Mid-Hudson, a not-for-profit organization supporting people with disabilities in Greene, Putnam, and Ulster counties has been awarded \$91,000 in grants from the Trustee Management Board of The NYSARC Trust Services to support The Arc Mid-Hudson guardianship and recreation programs.

NYSARC Trust Services administers supplemental needs trusts (SNT) and pooled trusts that can make dramatic

improvements to the lives of people with disabilities by enabling individuals to maintain financial eligibility for Medicaid and other means-tested government benefit programs. For 2022, NYSARC Trust Services is proud to fulfill its commitment to enhancing the lives of people with disabilities by awarding a total of \$3,189,968 to The Arc New York chapters statewide.

This year, The Arc Mid-Hudson received \$61,000 to provide guardianship services for people with intellectual and developmental disabilities who would not otherwise have a legal guardian or advocate. Supported by Chapter staff and community volunteers, The Arc Mid-Hudson Guardianship Program currently provides guardianship supports and services to 10 people, and is ready to assist 8 people as a Standby or Alternate Standby guardian.

NYSARC Trust Services also awarded The Arc Mid-Hudson \$30,000 to support new recreational opportunities and enrich the lives of the more than 1,800 individuals it serves. The Arc Mid-Hudson plans to use the recreation grant funds to allow for individuals to have opportunities and experiences that they might not be able to fund themselves.

COMING IN SEPTEMBER: OUR NEW & IMPROVED WEBSITE

Marketing is excited to announce that we will be introducing a freshly redesigned website this September! This has been in the works for months and we are so excited the launch date is almost here! Our new and innovative website will be user-friendly, easier to access, content-focused, and will include updated information. The experience of visiting www.ArcMH.org will be more engaging.

Our new website will also feature a brand-new Planned Giving page with a wealth of information to get you started! Create your lasting legacy and uncover the giving option that works best for your goals and the Legacy you want to leave.

Keep an eye out for enews and social media posts once our website goes live!

Some key components include:

- Download your "Free" Estate Planning Library on topics that can help you secure the future for the people, pets, and causes you care about. Our best resource: **Personal Estate Planning Kit** is a tool for organizing your estate – saving you time, protecting your assets and helping you establish your legacy.

- Get a personalized look at how different gifts can support your financial goals and charitable wishes. Use our free, no-obligation Gift Illustrator to calculate deductions, tax savings and other benefits – instantly!



You Decide How You Give. Start Here.

Uncover the giving option that works best for your goals.



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The Arc Mid-Hudson Board & Foundation

The Arc Mid-Hudson Board of Directors

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Foundation Staff

Krystal Huettinger, Lori McCabe, Kelly Wright, & Lauren Yaro

Counsel

Linda J. Gomes, Esq.

**Family member of person who receives support from The Arc Mid-Hudson.*

I recently had the opportunity to vacation outside of the United States and was, again, reminded that there are many more similarities between human beings than there are differences. We may speak differently, act differently, and enjoy different things, but we all have one important thing in common, and that is a need to be loved, supported, and connected with other people. Whether it's with your family, a friend, or the person behind the cash register, we are social creatures and we have a need to feel an attachment to another person or group of people.

As we prepare for our 3rd reaccreditation with the Council on Quality and Leadership (CQL), there is one major component that I feel is the most important part of the CQL process and that is the development of Personal Outcome Measures (POM). Developing a POM is really quite simple. It's about having a conversation with someone who we support, learning about what their goals and aspirations are, and what they want from their life. We learn about what this person wants and with whom they would like to socialize. While it's a simple process for the interviewer, it requires training and a certain skillset to be able to draw out and understand what the person's needs are. When done correctly, it is such a powerful tool.

With this information in hand, we then develop a plan on how to best support the person to help them reach their goals. We make sure the right people are a part of their "circle of support" and that there are opportunities for this person to grow and reach their desired outcomes. We have been CQL certified for over 8 years and it has made such a dramatic difference in the quality of support that we provide. Understanding what a person wants is so important, and then it's up to us to create a plan and a network of support both within our organization and out in the community.

The funny thing about conducting a POM interview is that we often discover that the needs and desires of the people we are supporting are not much different than our own personal needs and goals. As I started out saying, "there are many more similarities between human beings than there are differences" — love, support, and a connection with other people. That's what it's all about, and that's what we strive to provide each and every day at The Arc Mid-Hudson.

Sincerely,

 John McHugh
 Executive Director
 The Arc Mid-Hudson



MOVING MOUNTAINS AWARD

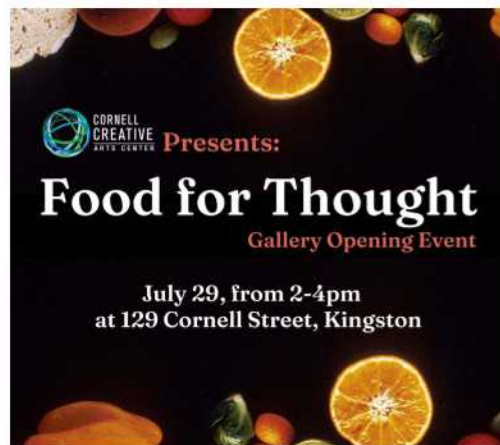
The Arc Mid-Hudson has been selected as one of the two winners of the 2022 Moving Mountains Award for Best Practice in Direct Support Workforce Development! Olivia Lo, our Director of Staff Development, received notice of

this significant achievement. In this highly competitive process, The Arc Mid-Hudson was praised that their "initiative was thoughtfully planned and implemented best practice." The Arc Mid-Hudson will be recognized at the Reinventing

Quality Conference on July 31 through August 2. The agency will be featured on the NADSP, ANCOR, and Institute on Community Integration's social media platforms and recognized in the upcoming issue of *Frontline Initiative*.



CORNELL CREATIVE ARTS CENTER



The "Food for Thought" gallery has officially opened! Cornell Creative Arts Center invited artists to celebrate food! In the Hudson Valley, we are lucky to have easy access to farms, artisan producers, craft beverages, and to the

restaurants and shops that take full advantage of them. The Hudson Valley is packed with culinary gems, and we invited artists to celebrate them through art. The gallery opened on Friday, July 29 and will display through the end of August. Be sure to stop by to see all the wonderful work from local artists.

Inspired by the "Food for Thought" gallery, Cornell Creative Arts Center is offering new 2-day workshops that combine art making and food, including fermented vegetables, sushi, ramen, and soup. The first workshop, 'Fermentation Creation,' will show you how to ferment your own veggies at home, in a

fermentation crock!



In part 1, students will join Karen Jaimes in the Ceramic Studio to create their own fermentation crocks, and in part 2, Dyani Fitzpatrick will go over the basics

of fermenting your own veggies at home. Call 845-768-5080 or email info@cornellcreativeartscenter.com to learn more, and sign up for the dates & times that fit into your schedule!

Do you know a high school student who is looking for volunteer hours? Do you love art? This is a great volunteer opportunity! Give us a call at 845-338-1234, ext. 42305, or email Shanna.Nigro@ArcMH.org for more info on how you can get involved!



FOUNDATION EVENTS

The Foundation has had many great events, including a couple of impromptu ones! We had two pop-up events at Ole Savannah Southern Table & Bar. The **Chili Cook-off** was at their first-ever Winterfest in February, raising \$5,662. The **Kentucky Derby Party** was in April and raised \$5,210. Dave Amato, owner of Ole Savannah, generously donated all proceeds to The Arc Mid-Hudson.



Our **Wine & Dine** was in April at Frank Guido's Little Italy and was, once again, a fantastic night. Guests were delighted with Little Italy's delicious food that was paired with amazing wine donated by Tim Sweeney from Stone Ridge Wine & Spirits. Bob Siracusano led

our festive auction to help bring awareness to our agency and our Fund-in-Need, the SMART home. The final total raised was \$51,500.



The **Humanitarian Awards Brunch** was held in May and celebrated at Ole Savannah Southern Table & Bar. We raised \$26,012. It was a warm, beautiful day out by the Rondout as we paid tribute to our 2022 Honorees.

Humanitarian of the Year:

Dave Amato and Ole Savannah Southern Table & Bar

Heart of Gold

The Leandro P. Rizzuto Foundation

Jack Deyo Award for Advocacy

Chrissy Bierganns

Employer of the Year

Potters Table Bakery

2021 Employee of the Year

Danielle Beesimer

Personal Achievement Award

John Paul Cante



Our first **Summer Golf Classic** was held on Monday, June 13 at Putnam County Golf Club in Mahopac, NY. It was a beautiful day on the course and the perfect way to reintroduce ourselves in Putnam County. The total amount raised for our Summer Golf Classic was \$20,776.



We still have two events on the horizon. Our **Roy A. Gonyea, Jr. Fall Golf Classic** is Monday, September 12 at Wiltwyck Golf Club in Kingston, NY, followed by our **Holiday Auction Cocktail Party** on Friday, November 18 at the Cornell Creative Arts Center in Kingston, NY.

If you are interested in attending any events or would like to volunteer, please contact Kelly Wright, Communications and Events Manager, 845-768-5122 or Kelly.Wright@ArcMH.org.

Thank you to our 2022 Corporate & Event Sponsors! We are so grateful for your support of our agency. Together we are helping to make a difference in the lives of over 1,800 people with intellectual and developmental disabilities in Greene, Putnam, and Ulster counties.

2022 CORPORATE SPONSORS INCLUDE:

Hudson Regional LTC Pharmacy
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NFP
LW Tree Service, Inc.
Doyle Security Systems

Dutton Architecture, PLLC.
Mid-Hudson Valley Federal Credit Union
Robert & Merriam Boening

Rondout Savings Bank
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Ulster Savings Bank

2022 EVENT SPONSORS INCLUDE:

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Community Products, LLC.
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George Hartshorn Paving
Getler, Gomes, Sutton, PC
Glasco Abstract, Inc.
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TC Equipment
Timely Signs
The Lucas Family
Ulster Uniform Service
Viking Industries
Walkill Valley Federal Credit Union
Williams Lumber

SPONSOR SPOTLIGHT

We would like to introduce you to our 2022 Silver Sponsor, LW Tree Service, and our 2022 Bronze Sponsors, Robert and Merriam Boening, Doyle Security Systems, Dutton Architecture, and Mid-Hudson Valley Federal Credit Union.



Robert Boening is The Arc Mid-Hudson Board of Director's Secretary and Merriam Boening is The Arc Mid-Hudson Foundation Board of Director's Secretary. Both play an instrumental part in the success of our agency.



Doyle Security Systems was founded in 2005 by a team of security industry and law enforcement experts with decades of experience. Since then, DSS has grown into one of the New York metropolitan region's premier security providers. Please visit www.godoyle.com.



Dutton Architecture, PLLC is a full-service, progressive architectural firm providing comprehensive professional services in design, planning, and project development. Please visit www.duttonarchitecture.com for more information.

LW Tree Service
845-706-5316
lwtreeservice@aol.com

LW Tree Service, Inc. provides commercial and residential pruning, land clearing, removals, stump grinding, and cabling support. They are located in Hurley, New York and their phone number is 845-706-5316.



Mid-Hudson Valley Federal Credit Union is a community-based credit union that serves Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, and Westchester counties. To learn more, please visit www.mhvfcu.com.

The Arc Mid-Hudson thanks LW Tree Service, Doyle Security Systems, Dutton Architecture, and Mid-Hudson Valley Federal Credit Union for their continued support of our agency.

Here's your new edition of

insight

SAVE THE DATES!

Monday, September 12:
Roy A. Gonyea, Jr. Fall Golf Classic
Wiltwyck Golf Club, 9 AM

Thursday, September 22:
Planned Giving Webinar
Please contact Lori McCabe at
Lori.McCabe@ArcMH.org for info.

Friday, November 18:
Holiday Auction Cocktail Party
Cornell Creative Arts Center, 5 PM

Specially created for:



Roy A. Gonyea, Jr. Fall Golf Classic
September 12, 2022
Kingston, NY

Register here for a fun day of golf:



To register, visit www.arcmfoundation.org or scan the QR code above!



The Putnam County Wine & Food Festival has selected The Arc Mid-Hudson as their designated non-profit for 2022! The Arc Mid-Hudson will receive a portion of the ticket sale profits when you use promo code **ARC22** at checkout. For tickets, visit putnamcountywinefest.com or scan the QR code:



The festival will be held on Saturday, August 6 from 11 am to 6 pm & Sunday, August 7 from 11 am to 5 pm at Mayor's Park, 61 Fair Street in Cold Spring, New York.

Become An Arc Mid-Hudson Supporter!
The Arc Mid-Hudson is made up of children, adults, family, and friends, and our goals are all the same...
LIVE LIFE TO ITS FULLEST POTENTIAL!

Your support means power in numbers. The more members we have, the louder our voice is in advocacy efforts, and the stronger we are in our ability to make things happen.

Your support lets us know you care. Community awareness is a big result of being a Supporter, and you will receive updates on Arc events and news on related legislation at both the local and national levels.




Scan code or visit arcmfoundation.org/membership or mail in a check with the enclosed envelope with names, addresses and email address.

Stay Informed!



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(ArcMidHudson)



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Tell us what you think

Did you enjoy this newsletter? Have a story you'd like to share for our next edition?

Send us an email at info@arcmh.org.

We value your input.

Stay up-to-date with our latest news, view photos, and hear about upcoming events.