



November 6, 2020

The Arc.
Mid-Hudson
New York

Dear Parents and Family Members:

I want to thank you for partnering with us over the last few weeks as we limited family visits to contain the spread of the virus when cases climbed throughout New York and in some of Arc Mid-Hudson's residences. Our efforts have been successful and positive cases of COVID-19 have reduced significantly in our programs.

I am pleased to share that we feel confident to lift most of our visitation restrictions, effective Friday, November 6, 2020, as follows:

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1. Families may continue to visit with family members outside on the property of our residences as weather permits.
2. Families may take individuals out into the community for excursions, using good judgment (wearing masks, avoiding crowds, limiting frequency and duration).
3. Individuals may visit with family in their family homes. Please note that, as before, individuals who stay in their family home for seven days or more must obtain a COVID-19 test and provide the house nurse with a copy of negative test results before returning to the residence. The individual must return to the residence within 24 hours of receiving his/her test results. Daily logs of all home visits and other off-site visits from certified residences will continue to be required to sufficiently trace and track any potential COVID-19 exposure.
4. Visits to microcluster hot spots within New York, as identified by the State Department of Health, and/or visits from families coming from these hot spots, will not be permitted. Hot spots, as of November 4, 2020, are located in Brooklyn and Queens, and in Rockland, Orange, Bloome, Steuben, and Chemung counties.

With your help and patience we have been able to keep everyone as safe as possible and give those who we are supporting the opportunity to continue working toward their dreams and goals. We are happy to once again facilitate family visits wherever possible. We are hopeful that we will not need to implement restrictions again in the near future, but we will promptly communicate any visitation changes that may be necessary to keep everyone safe as the need arises. Together we can keep those you love healthy and safe as we navigate ourselves through this pandemic.

Mission

To empower people with intellectual and other developmental disabilities to achieve and experience the highest quality of life.

All the best,

John McHugh
Executive Director, The Arc Mid-Hudson