



## Stay at Home Activities April 28, 2020

### **Move it, MOVE IT!**

1. A Gentle 7-Minute Yoga Flow - <https://youtu.be/NDLad2vOHkU>

### **Social**

1. **Get to Know You Dice/Number game** – see game sheet attached

### **Let's Make ART!**

#### **Draw a Farm Landscape and color it in!**

Directions: Instruction sheet attached. Depending on who you are supporting, make the decision to show the example below or only use verbal instructions.

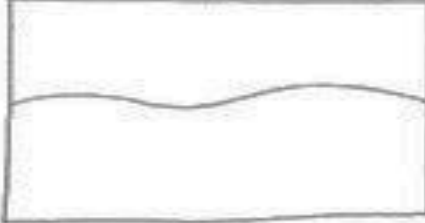
# Dice Get to Know You Game!

If you don't have dice, no worries, write the numbers 1-6 on slips of paper and place in a bowl to draw from. If you roll or choose the same number just roll or choose again!

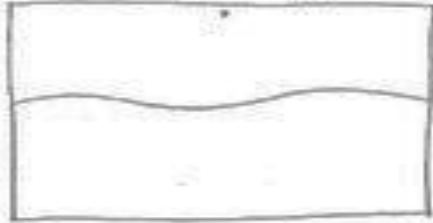
	What was 1 favorite thing you did last year?
	What are 2 of your favorite colors?
	What are 3 words that best describe you?
	Your 4 favorite movies?
	List your 5 favorite foods?
	Name your 6 people you like to spend time with?

# How to draw a Farm Landscape

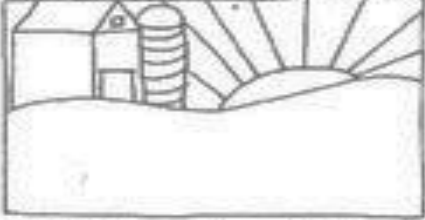
1. Draw a wavy horizon line.



2. Draw a tiny vanishing point at the top.



3. Above HL, draw farm scene.



4. Below HL, draw lines from VP



5. Add lines to show divide "crops"



6. Add patterns to each "crop"



HL = Horizon Line

VP = Vanishing Point

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