

## NOTICE

### **Nondiscrimination and Accessibility Requirements and Nondiscrimination Statement: Discrimination is Against the Law Section 1557 of the Affordable Care Act**

The Arc Mid-Hudson, NYSARC, Inc., Ulster, Greene, Putnam, Counties Chapter (Hereinafter referred to as The Arc Mid-Hudson) complies with applicable Federal Civil Rights Laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Arc Mid-Hudson does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex in its health programs and activities.

#### **The Arc Mid-Hudson:**

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as: Qualified interpreters and information written in other languages.

If you need these services contact the Director of Human Resources, The Arc Mid-Hudson. If you believe that The Arc Mid-Hudson has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Director of Human Resources, 471 Albany Avenue, Kingston, New York 12401 (845) 331-4300, Fax (845) 331-4931. Our grievance policy on this matter will be made available to you by asking for it.

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, The Director of Human Resources is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at

**<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

The Arc Mid-Hudson complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

**ATTENTION:**

If you speak English, language assistance services, free of charge, are available to you. Call 1-845-331-4300 ext. 41236.

**SPANISH**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-845-331-4300 ext. 41236.

**CHINESE**

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-845-331-4300 ext. 41236.

**RUSSIAN**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (телетайп: 1-845-331-4300 ext. 41236).

**FRENCH CREOLE**

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-845-331-4300 ext. 41236.

**KOREAN**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-845-331-4300 ext. 41236. 로 전화하십시오.

**ITALIAN**

In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-845-331-4300 ext. 41236.

**YIDDISH**

אויפמערקזאם: אויב איר רעדט אידיש, זענען פארהאן פאר אייך שפראך הילף סערוויסעס פריי פון אפצאל. רופט 1-845-331-4300 ext. 41236.

**BENGALI**

লক্ষ্য করুন: যদি আপনি বাংলা, কথা বলতে পারেন, তাহলে নিঃখরচায় ভাষা সহায়তা পরিষেবা উপলব্ধ আছে। ফোন করুন ১-১-৮৪৫-৩৩১-৪৩০০ ext. 41236.

**POLISH**

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-845-331-4300 ext. 41236.

**ARABIC**

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك 1-845-331-4300 ext. 236  
والبكم الصم هاتف 41236 ext. بالمجان. اتصل برقم 1-845-331-4300

**FRENCH**

ATTENTION : Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-845-331-4300 ext. 41236.

**URDU**

1-845-331-4300 خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 4300 ext. 41236.

**GREEK**

ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-845-331-4300 ext. 41236.

**ALBANIAN**

KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 1-845-331-4300 ext. 41236.

**Tagalog**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-845-331-4300 ext. 41236